

Monthly Newsletter

MOTHER TERESA HOUSE



February 2026



Here's what has happened in the last month and what's to come!

We want to extend a special thank you to everyone who contributed financially to our end of the year appeal, as well as contributed donations throughout 2025. We are very grateful for all of your support. If you have not yet given but would like to visit <https://motherteresahouse.org/?form=FUNXDCKRMYK>.

We continue to keep our Walnut location full, with 3 guests in each room receiving around the clock care. We continue with the design phase of our construction project for the Zimmer house and are excited to provide even more care at that location once it opens in the spring.

MTA Staff



In this newsletter
you can expect:

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help?

Mother Teresa House Updates



We have been spring cleaning here at Mother Teresa House. Over the break we deep cleaned the guest rooms as well as got the floors refinished. This month we have continued our deep cleaning into the basement as we organize paper product donations and update our filing systems. We have also been prepping our Zimmer house for construction to begin.



Volunteer Spotlight

Meet our volunteer Michele!



Michele has been one of our most consistent volunteers since she started in June of 2022. She has rarely missed a shift, and we can always count on her service. She is compassionate and caring while she is here and is always eager to help. Her commitment and care is a blessing to Mother Teresa House.

*Thank you for helping our ministry
Michele!*



February/March 2026 Training

Invite your friends to our upcoming tour and volunteer informational meeting! We will talk about what being a caregiver entails and provide training on needed skills at our upcoming practical skills training. Here are the details:

- Informational Meeting: Monday, March 2nd, 1:30-3p
- Skills Training: Friday, February March 20th 10a-2p
- Location will be shared once attendance is confirmed.
- Please fill out application on the website before attending. Training is tentative on sufficient sign up.

[www.motherteresahouse.org/
how-can-i-help/volunteer/](http://www.motherteresahouse.org/how-can-i-help/volunteer/)



Stories of impact: this month's story is about how Mother Teresa House impacted our volunteer, Fatima.

Hi, my name is Fatima Vite. I'm currently taking a gap year dedicated to my relationship with God. In the program I am involved in, they talked to me about volunteering at Mother Teresa House. I didn't really know what it was, so I said yes without knowing that I was going to be in such a special place. At first, I was doing it because I had been asked to, but now I truly believe it is a blessing to have the opportunity to meet people who simply need to be heard and prayed for, without asking for anything in return. Mother Teresa House, for me, is a place where you can truly learn how to appreciate life and understand how prayer is a miracle that many people don't always notice. It feels so special to be there. It's incredible how the Lord can use me as His instrument to lead His children to Him through prayer, even if the guests are not religious. Simply being present with them changes everything.

Mother Teresa House has changed my mindset about how to appreciate life and how people are one of the most important things in it. In the end, what truly matters are the people you are surrounded by, because they are the ones who will care for you. I have come to understand that death is not supposed to be scary; it is meant to be peaceful and ordinary, something that will someday happen to all of us. Through this experience, I have also understood the power of prayer. My first experience with a guest and death was with a woman who had been there for about a month. The first time I saw her, she was walking to the bathroom, able to do things on



Our volunteer, Fatima

her own, and overall very independent. One morning, I arrived and saw that she was declining, and the thought came to my mind that I was not going to see her again. While she was sleeping, I went into her room, sat down, and started praying the rosary. With each bead, I prayed a Hail Mary, asking that she could go peacefully to heaven. Later, while I was talking to God in the chapel, I asked Him why me, why I needed to be probably the last person to pray for her and for her salvation. The Lord placed in my heart the understanding that prayer is the battle, the struggle, and the way we communicate with Him, and that we, His children who are close to Him, have the duty to fight for those who can no longer fight for themselves, becoming a place of support when they need it most and least expect it. We are called to be apostles of prayer.

You can help us make a difference!

Donations

These donations will be used in our daily care for our current guests. By making a donation, this will allow us to continue to provide personal, around-the-clock care to those in the greatest need at no cost. Thank you for your generosity!

We are currently in need of...

- Meijer gift cards for groceries
- fitted sheets for a twin bed
- 2 crockpots

Donate your time!

We are always looking for hands-on caregivers to provide loving, comforting care to our guests.

For more information come to our next orientation (see page 2) or reach out to Sophia at serving@motherteresahouse.org



Join our Prayer Team!

Want to help, but don't have the time or resources? Help us through prayer! Prayer is the bedrock of our ministry. For more information about our Prayer Team or to join please visit our website at

<https://motherteresahouse.org/how-can-i-help/volunteer/> and scroll down to the "Prayer Team" section. We appreciate all prayers we receive.

Thank you for reading!

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